

OPINION STATEMENT

*by assoc. professor Ralitsa Tsekova Arsova, PhD,
scientific jury member for the dissertation work on the topic:*

**„Management of the training process during the preparation
period of elite male volleyball players"**

for the acquisition of the educational and scientific degree “DOCTOR”
in the field of higher education: 7. Healthcare and sports, Professional
field: 7.6. Sport, Doctoral Program: "Theory and Methodology of Sports
Science"

Author of the dissertation: Georgi Ivanov Petrov

Scientific adviser: Assoc. Prof. Vera Ilieva Antonova, PhD

The development of volleyball nowadays as well as the high level of
achievements requires constant improvement of motor skills, sports equipment,
and all factors related to sports results.

High sports achievements are largely due to the improvement and
management of the training process.

*In this sense and in perspective, I reckon that the dissertation on "Management of
the training process during the preparation period of elite male volleyball players"
submitted for this procedure is topical and useful.*

I. Data concerning the doctoral student

Georgi Petrov has gained many years of competitive and coaching experience
not only in Bulgaria but also abroad. His professional practice is related to both

youth and men's volleyball teams. He is a respected and recognizable specialist in sports circles, winner of many prestigious awards, both in his sports career and that of a coach.

II. Data concerning the doctoral procedure

The dissertation was discussed and proposed for an official defense at an extended meeting of the Department of Basketball, Volleyball, Handball NSA "V. Levski ", Sofia, held on March 9, 2022.

No violations were committed during the implementation of the dissertation; all regulatory requirements are met.

III. Data concerning the dissertation and the abstract

The presented dissertation work of Georgi Petrov is a comprehensive purposeful theoretical-practical and experimental study. His research is a perfect competitor and a coach symbiosis reflecting his knowledge and experience.

The work has a practical focus and applicability.

The dissertation contains 196 standard pages. It is illustrated with 43 figures and 11 tables, which complement the text and help to shape it well. The bibliographic reference is composed of 147 literature sources.

The structure of the dissertation covers 4 sections, as the introduction, literature and appendices are complementary and bring additional clarity to the development.

The individual sections are well arranged, enriching the theory and practice of this popular and beloved sport.

The first main section "Theoretical Analysis" is in a volume of 75 pages and includes 6 subsections. It demonstrates the views and competence of the doctoral student on the researched problem. Definitely, the subsection I.5. "Management of the training in the preparatory period" is of most significant value.

The work hypothesis presented at the end of the section is well substantiated on the basis of the theoretical analysis.

The goal of the study is well formulated, as well as its tasks. This subsection describes the object and subject of the study, the volleyball players participating in the study, as well as the teams in which they compete.

"Methodology and organization of the study" is a very well and thoroughly developed section. It gives a clear idea of the research program used by the doctoral student. A description of 24 indicators was made, as well as the tests with which they were taken. The pedagogical experiment is described in detail. The used mathematical - statistical methods are indicated.

The main section "Analysis of the results" is developed in 5 subsections and has a volume of 71 pages.

Of great value are the developed subsections "Analysis of the degree of dependence between the studied indicators" as well as the factor analysis. The obtained dependencies can be successfully used to improve the training process.

The presented scientific results and facts are extremely well illustrated with tables and figures that illustrate the established dependencies.

The summaries of the dissertation correspond to the performed empirical work. Eight conclusions and four recommendations are made; all of them have high practical value.

The abstract is developed according to the academic requirements and corresponds to the content of the dissertation.

IV. Scientific contributions

1. An effective new specialized program for managing sports training for elite volleyball players has been developed.

2. A new model for building sports training for elite volleyball players in the preparation period has been proposed.

3. Important summaries have been made of the coaching practice when working with elite volleyball players.

V. Publications and participation in scientific forums

Georgi Petrov has gained experience and knowledge not only as a competitor and coach but also in the field of research and presentation. There are three articles on the topic of the dissertation, one independent and two co-authored.

VI. Conclusion

In accordance with the above, and taking into account the relevance and benefits for coaches, professionals, and volleyball players, the results of the conducted research, correctly performed analyzes, contributions to sports theory and practice, I propose to the members of the scientific jury to award Georgi Petrov the educational and scientific degree "DOCTOR" in Professional field: 7.6. "Sport", doctoral program "Theory and Methodology of Sports Science".

Sofia

26.04.2022

Reviewer:

/assoc.prof. Ralitsa Arsova, PhD/